

Tidsplan for MTB XCO lørdag 2. september

Categories	Start	Course	Lap-distance	Laps	Total distance	Expected winning time	Winner finishes
Team Manager meeting at 08:00							
Training until 09:00							
W 6-7 and M 6-7	09:00	Yellow	0,74	1	0,74	00:04	09:05
W 8-9 and M 8-9	09:10	Yellow	0,74	2	1,48	00:06	09:20
W 10 and M 10	09:20	Green	0,74	4	2,96	00:10	09:32
M 11-12	09:45	Green	2,08	3	6,24	00:22	10:07
W 11-12	09:47	Green	2,08	3	6,24	00:24	10:11
Prize ceremony for yellow and green course when riders come to finish.							
M 13-14	10:20	Blue	2,63	3	7,89	00:29	10:49
W 13-14	10:22	Blue	2,63	3	7,89	00:34	10:56
Prize ceremony for blue course at 11:15							
Course open for training 11:00 - 11:45 (from start in racing direction)							
Team Manager meeting at 11:00 (Junior/Elite Classes, M15-16 and W 15-16 and Master)							
M-Elite	11:45	Red	3,61	6	21,66	01:11	12:56
M-Junior	11:50	Red	3,61	5	18,05	01:01	12:51
Prize ceremony M Elite/Jun at 13:45							
W-Elite	13:30	Red	3,61	5	18,05	01:18	14:48
W-Junior	13:30	Red	3,61	4	14,44	01:04	14:34
W 15-16	13:30	Red	3,61	3	10,83	00:46	14:16
W Master 30-34 and 35-39	13:30	Red	3,61	3	10,83	01:00	14:30
W Master 40-44 and 45-49	13:30	Red	3,61	3	10,83	01:00	14:30
W Master 50-54 and 55-59	13:30	Red	3,61	3	10,83	01:05	14:35
W Master 60+	13:30	Red	3,61	2	7,22	00:45	14:15
Prize ceremony W Elite/Jun, W 15-16, W Master at 15:30							
M 15-16	15:15	Red	3,61	3	10,83	00:40	15:55
Prize ceremony M 15/16 at 16:30							
M Master 30-34 and 35-39	16:15	Red	3,61	4	14,44	01:00	17:15
M Master 40-44 and 45-49	16:15	Red	3,61	4	14,44	01:00	17:15
M Master 50-54 and 55-59	16:15	Red	3,61	4	14,44	01:00	17:15
M Master 60+	16:15	Red	3,61	3	10,83	00:45	17:00
Prize Ceremony M Masters at 17:30							

Tidsplan for MTB XCC (kortbane) søndag 3.september

Categories	Start	Course	Lap-distance	Laps	Total distance	Expected winning time	Winner finishes
Team Manager meeting at 08:15 (Youth Classes)							
Training until 09:00							
W 6-7 and M 6-7	09:00	XCC Short	0,74	1	0,74	00:12	09:12
W 8-9 and M 8-9	09:15	XCC Short	0,74	2	1,48	00:12	09:27
W 10 and M 10	09:30	XCC Short	0,74	4	2,96	00:13	09:43
Prize ceremony for W/M6-10 when riders come to finish.							
M 11-12	10:00	XCC Long	1,13	3	3,39	00:09	10:09
W 11-12	10:20	XCC Long	1,13	3	3,39	00:10	10:30
M 13-14	10:45	XCC Long	1,13	4	4,52	00:11	10:56
W 13-14	11:10	XCC Long	1,13	4	4,52	00:13	11:23
Prize ceremony for W/M 11/12/13/14 at 11:45							
Training in the XCO course from 11:30 – from start in racing direction.							
Team Manager meeting at 11:00 (Junior/Elite Classes, W/M 15-16 and Master)							
M-Elite	12:15	XCC Long	1,13	9	10,17	00:23	12:38
M-Junior	12:45	XCC Long	1,13	8	9,04	00:20	13:05
W-Elite	13:15	XCC Long	1,13	8	9,04	00:24	13:39
W-Junior W15-16, W Master	13:45	XCC Long	1,13	7	7,91	00:22	14:07
Prize ceremony M Elite/Junior at 13:30 and W Elite/Junior, W15-16 and Master at 14:30							
M 15-16	14:30	XCC Long	1,13	7	7,91	00:18	14:48
Prize ceremony M 15/16 at 13:00							
M Master 30-34 and 35-39	15:15	XCC Long	1,13	7	7,91	00:20	15:35
M Master 40-44 and 45-49	15:15	XCC Long	1,13	7	7,91	00:21	15:36
M Master 50-54 and 55-59	15:15	XCC Long	1,13	7	7,91	00:21	15:36
M Master 60+	15:15	XCC Long	1,13	7	7,91	00:23	15:38
Prize Ceremony M Masters at 16:00							